

the 1990s, the number of people in the world who are obese has increased by 100% (World Health Organization 2000). The prevalence of obesity in the United States has increased from 15% in 1980 to 25% in 1994 (Flegal et al. 1994). In the United Kingdom, the prevalence of obesity has increased from 10% in 1980 to 15% in 1994 (Reilly et al. 1995). The prevalence of obesity in children has also increased in the United States (Flegal et al. 1994) and in the United Kingdom (Reilly et al. 1995). The prevalence of obesity in children in the United Kingdom has increased from 10% in 1980 to 15% in 1994 (Reilly et al. 1995).

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